

October 2010 Dinners

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
	Lime Chicken Soft Tacos/ Salad	Turkey Burgers/ Sweet Potato Fries/ Salad	Slow Cooker Orange Beef/ Brown Rice/ Salad	Leftovers and/or Wraps	Pumpkin Patch	Pumpkin Patch
10	11	12	13	14	15	16
Pumpkin Patch	Pumpkin Patch	Pesto Fettuccini/ Caprese Salad	Baked Chicken/ Thyme Braised Brussels Sprouts/ Salad	Leftovers and/or Wraps	Butternut Squash Soup/ Salad Multi-grain GF Bread	Flatout Bread Pizzas/ Salad
17	18	19	20	21	22	23
Leftovers and/or Wraps	Rotisserie Chicken/ Salad/ Broccoli	Black Bean Fajitas/ Corn/ Salad	Mushroom & Chicken Hot Dish Quinoa/ Fresh Green Beans	Leftovers and/or Wraps	Thom Kha Gai Soup/ Jasmine Rice	Flatout Bread Pizzas/ Salad
24	25	26	27	28	29	30
Leftovers and/or Wraps	Baked Chicken on Vegetable Confetti/ Salad	Beef Stroganoff/ Egg Noodles/ Steamed Broccoli	Asian Chicken Lettuce Wraps	Leftovers and/or Wraps	New Mexico Stew/ Cornbread/ Salad	Flatout Bread Pizzas/ Salad
31						
Leftovers and/or Wraps						

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